72nd Annual National Conference of INDIAN PSYCHIATRIC SOCIETY

ANCIPS 2020

Theme: Smart Psychiatry in Digital Era

ITC Royal Bengal, Kolkata • 22nd to 25th January 2020
“O ever young and ever-lasting,
Cast away the worn out senility,
Usher in unending life in great bounty”

Rabindranath Tagore
#ANCIPS2020
Biswa Bangla Convention Centre, Kolkata • 22nd to 25th January 2020

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Greetings from IPS!

This is to invite you to the 72nd Annual Conference of Indian Psychiatric Society (ANCIPS) to be hosted by our West Bengal Branch at Kolkata from 22nd-25th January 2020. ANCIPS is flagship annual event of Indian Psychiatric Society. It is one of the largest and most prestigious medical conferences in India, drawing delegates from all over the globe.

The theme of the conference is “Smart Psychiatry in Digital Era”. This is a first for us and has been chosen to address a very contemporary trend and challenge, in a world poised to prefix ‘smart’ in every walk of life. We need to define and develop a meaningful smartness for our discipline as well because we have to learn and develop the science of psychiatry and deliver our services in an era which is digitalizing not only the material world but also human behavior and interpersonal relationships. ANCIPS is known for high academic standards. The scientific committee has started working to draft and ensure highly enriching and interesting academic programme which will keep you engaged throughout the conference.

Friends, big hearted Kolkata has almost a habit of hosting ANCIPS. This will be sixth and many would recall that each one has been memorable. Kolkata is not merely a city, but an emotion which glues souls and keeps mental mechanisms greased to prevent burn out. The great Mirza Ghalib visited Kolkata only once; just see what was his first impression:

कलकत्ते का जो निम्न किया दूरे हमने sh
इक तीर मेरे सीने में मारा कि हाय हाय!

(Ah! Your very mention of Kolkata, my friend, gladdens my heart)

This is a city for the senses and the intellect: the many hues, scents and flavours, the unending debates over chai in every alley, ensures there’s no scope for boredom. The iconic Rabindranath Tagore wrote: ‘... in the streets of Calcutta I sometimes imagine myself a foreigner, and only then do I discover how much is yet to be seen...’

Kolkata is one of the best venues in terms of facilities and amenities. It can host many big conferences at one time. And our Organizing Team led by Dr R R GhoshRoy and Dr Gautam Saha has a perfect blend of experience and enthusiasm, and both with unfailing warmth. We look forward to seeing you with your family for a memorable academic and cultural experience.
Dear Friend,

We are pleased to announce the 72nd Annual National Conference of the Indian Psychiatric Society (ANCIPS 2020) which will be held from 22nd-25th January 2020 at Biswa Bangla Convention Centre, Kolkata.

Starting from admiring the flourishing art scene in the city, to going on rewarding gastronomical explorations to wandering amidst the countless bazaars, to sitting by the banks of the Hooghly and enjoying a peaceful sunset, Kolkata is soaked in layers and layers of heritage and culture, and peeling off each layer to look beneath the hood is a very rewarding, once-in-a-lifetime experience. As the famous quote goes, "If you want a city with a soul, come to Calcutta".

We at ANCIPS 2020 are committed to enhance the scientific knowledge and enrich the experience of delegates. Internationally renowned faculty shall be available for scientific deliberations and various platforms for social interactions. The Conference aims to bring together mental health professionals from across the globe to interact and forge new relationships.

Theme for this year is "Smart Psychiatry in Digital Era." If the essence of psychiatry is healing the mind, the goal of technology in psychiatry is to systematize the art of mind healing. Digital applications and new mobile technologies can change the nature of the psychiatrist-patient relationship and future clinical practice in terms of diagnosis, follow-up, and treatment, but need to be further studied. This year’s theme explores these new approaches in psychiatry.

We take this opportunity again, to invite you to have an enriching experience attending ANCIPS 2020 at Kolkata! Let us all join together and carry forward our Society to cross yet another significant milestone.

Long live IPS!
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7
Kolkata: A city with rich history of Medical Hospitality

Kolkata (then Calcutta) has a rich history of medical hospitality. There are many renowned medical colleges. Some of them are cited below:

**MEDICAL COLLEGE, KOLKATA**

It was established in 1835 by William Bentinck and is the oldest medical college in India. At first, it was known as the Medical College, which was established by an order on 28 January 1835 ushered in a new era in the history of medical education in India. Its stated purpose was to train native youths aged between 14 and 20 irrespective of caste and creed in the principles and practices of medical science in accordance with the mode adopted in Europe. At present, the college imparts the degree Bachelor of Medicine. Bachelor of Surgery (MBBS) as well as specialised M.Sc. (Medical), Ph.D. and post-doctoral degrees. Nursing and para-medical courses are also offered.

**NIL RATAN SIRCAR MEDICAL COLLEGE & HOSPITAL**

In 1864 Sealdah Market Building (at present Central Hall) was converted to Sealdah Municipal Hospital. On 1st Dec. 1873 the Sealdah Medical School was born out of the Sealdah Municipal Hospital. In 1884 it was named as Campbell Medical School and later on in July 1948 upgraded as Campbell Medical College. On 19th August 1950 the College was renamed as Nilratan Sircar Medical College after the name of the great freedom fighter and alumni of this institution. Apart from under-graduate courses, the post-graduate degree and diploma and diploma courses in various disciplines are run. The colleges partakes in BDS, MDS, and NIOH curriculum including theory and practical classes.

**R. G. KAR MEDICAL COLLEGE & HOSPITAL**

In 1886, Dr. Radha Gobinda Kar returned from U.K and convened a meeting on 18th October, to establish a Medical School separate from the official institutions under the British rulers. It was attended by the stalwarts like Dr. Mahendranath Benerjee, Dr Akshoy Kumar Dutta, Dr Bipin Behari Moitra, Dr. M. L. De, Dr. B. G. Banerjee, Dr. Kunda Bhattachayra and many others. Thus in the same year, Calcutta Medical School came into existence. Later, it merged with another nationalist organization’ College of Physicians and Surgeons of Bengal’ and the Belgachia Medical College came into being in 1916. It was inaugurated by the then Governor of Bengal Lord Carmichael with its first batch of 48 students. After the demise of Dr. Radha Govinda Kar, the College was named after him. First General OPD in Psychiatry was started here.

**CALCUTTA NATIONAL MEDICAL COLLEGE & HOSPITAL**

The Calcutta National Medical College has its origin in the National Medical Institute or “Jatiya Ayurbigyan Vidyalaya” in 1921, founded as a product of the Non-cooperation movement. It was inaugurated by Subhas Chandra Bose. Calcutta National Medical College is the new name of the Calcutta National Medical Institute (Estd 1948) which was established by the amalgamation of National Medical Institute (Estd 1921) and Calcutta Medical Institute (Estd 1907) at 32 Gorachand Road, Calcutta-14. Founder Principle of the college was Dr. Sundari Mohan Das.

**INSTITUTE OF POST GRADUATE MEDICAL EDUCATION & RESEARCH (SSKM HOSPITAL)**

P.G. Hospital was established in 1770. In independent India, the hospital was renamed as Seth Sukhlal Karnani Memorial Hospital in 1954 after great philanthropist of Calcutta, Sukhlal Karnani. This hospital is the oldest general hospital in India, for the practice of modern medicine and for meaningful research. This hospital has a glorious record of fundamental research in Medicine. Drs. Edward Hare, D.D. Cunningham, Ronald Ross, T. H. Lewis, Ronald Martin did put their mark in medical treatment and research. P.G. Hospital was the first Post Graduate Medical Institute in Eastern India in 1957 when it hospital came to be known as The Institute of Post Graduate Medical Education & Research (IPGMER). It was inaugurated by Pandit Jawahar Lal Nehru, the then Prime Minister of India, on 16 January 1957. Today the institution is best known for study of undergraduate, post graduate, post doctoral level medical courses, para medical courses and others.

**OTHER GOVT. MEDICAL COLLEGES AND HOSPITALS OF REPUTE IN KOLKATA AND DISTRICT AREAS...**

College of Medicine & Sagore Dutta Hospital • Midnapore Medical College and Hospital • Burdwan Medical College • Murshidabad Medical College & Hospital • North Bengal Medical College • All India Institute of Hygiene and Public Health • Bankura Sammilani Medical College • College of Medicine & JNM Hospital, Kalyani • Malda Medical College & Hospital • ESI Post Graduate Institute of Medical Science & Research
Kolkata (formally known as Calcutta) rediscovered by Job Charnock with amalgamation of three villages: Kalikata, Gobindapur, and Sutanuti.

The city is the birthplace and working place of eminent personalities of various fields like Rabindranath Tagore, Mother Teresa, C.V Raman, Satyajit Roy, Dr Bidhan Chandra Roy, Netaji Subhash Chandra Bose, Raja Ram Mohan Roy, Pandit Ishwar Chandra Vidyasagar, Keshab Chandra Sen, Acharya Jagadish Chanda Bose, Ramakrishna Paramahamsa, Sarada Devi, Swami Vivekananda, Sister Nivedita, Rishi Aurobindo, Satyendra Nath Bose, Kazi Nazrul Islam, Jibanananda Das, Pandit Ravi Shankar is just to name a few.

The renowned psychiatrists like Dr. Girindra Sekhar Bose, Dr D. N. Nandi, Dr Ajita Chakraborty had made their marks in world psychiatry from Bengal.

Kolkata is known for its literary, artistic, and revolutionary heritage; as the former capital of India, it was the birthplace of modern Indian literary and artistic thought. Kolkata has been called the "City of Furious, Creative Energy" as well as the "cultural capital of India". The presence of paras, which are neighbourhoods that possess a strong sense of community, is characteristic of the city. Typically, each ‘para’ has its own community club and, on occasion, a playing field. The residents engage in ‘adda’s or leisurely chats, that often take the form of freestyle intellectual conversation. The city has a tradition of political graffiti depicting everything from outrageous slander to witty banter and caricatures, limericks, and propaganda.

The most popular sports in Kolkata are football and cricket. Unlike most parts of India, the residents show significant passion for football. The city is home to top national football clubs such as Mohun Bagan A.C., East Bengal F.C. and the Mohammedan Sporting Club.

Calcutta Football League, which was started in 1898, is the oldest football league in Asia.

Eden Gardens, which has a capacity of 68,000 as of 2017, hosted the final match of the 1987 Cricket World Cup. The multi-use SaltLake Stadium, also known as Yuva Bharati Krirangan, is India's largest stadium by seating capacity. Most matches of the 2017 FIFA U-17 World Cup were played in the Salt Lake Stadium including both Semi-Final matches and the Final match. The city of Joy is the birth place of for Indian captain and cricketer Sourav Ganguly also known as "Dada".

The outlook of the city has changed a lot in between. We have 25 seven star, more than 50 five star rated accommodation apart from more than 200 three and four star hotels which can accommodate our international and national delegates with varied food choices, ethnicity, and culture. We also have more than 100 economic and budget hotels, guest houses, dormitories and lodges.

Kolkata is known for its literary, artistic, and revolutionary heritage; as the former capital of India, it was the birthplace of modern Indian literary and artistic thought.
F.C. and the Mohammedan Sporting Club. National football clubs such as Mohun Bagan A.C., East Bengal show significant passion for football. The city is home to top F.C. and the Mohammedan Sporting Club. National football clubs such as Mohun Bagan A.C., East Bengal show significant passion for football. The city is home to top football teams. Kolkata has a tradition of political graffiti depicting everything from outrageous propaganda to witty banter and limericks, from outrageous propaganda to witty banter and limericks, from outrageous propaganda to witty banter and limericks, from outrageous propaganda to witty banter and limericks, from outrageous propaganda to witty banter and limericks. The residents engage in ‘adda’s or leisurely chats, each ‘para’ has its own community club and, on occasion, a football team.

The city has a strong sense of community, which is characteristic of the city. Typically, the outlook and ambiance of the city has changed a lot over time. Kolkata is known for its literary, artistic, and revolutionary heritage; as the former capital of India, it was the birthplace of modern Indian literary and artistic thought. Kolkata has been called the “City of Furious, Creative Energy” as well as the “cultural capital of India.” The city has developed many prospective venues like Science City Auditorium, Indian Association of Cultivation of Sciences, Novotel, Peerless Inn Hotel, Nazrul Tirtha, Grand Hotel, Hyatt Regency, Biswa Bangla Convention Center (Seating capacity approximately 7000 persons), JW Mariott Hotel, Nalban, Nicco Park, Milan Mela etc.

Kolkata has many feather in its hat, some of them are...
- First Planetorium in India
- Largest Museum in India
- Largest Zoo in India
- First city in India where Metro Rail started
- Largest Library in India
- First Capital of India
- Only Cantilever Bridge in India
- Largest Cricket Stadium in India
- Only city in India were trams run
- Birth city of National poet
- Largest Botanical Garden in India
- Largest Race Course in India
- First Medical College of India

West Bengal has a number of Geographical Indications, which are
- Nakshi Kantha
- Shantiniketan Leather Goods
- Laxman Bhog Mango
- Himsagar Mango
- Fazli Mango
- Shantipur Saree
- Baluchari Saree
- Dhaniakhali Saree
- Jaynagar Moya
- Bardhaman Sigabhog
- Bardhaman Mhidana
- Tulaiapanji Rice
- Gobindabhog Rice
- Banglar Rosogolla
- Darjeeling Tea

The city is well connected by NSCBIA, to various International and domestic destinations which has been awarded as second best improved airport in Asian region. The city can be reached by three big railway stations namely Howrah, Sealdah & Kolkata railway station, and by roads through NH6, NH 34, NH 35 Delhi & Bombay roads and well connected to SAARC countries and North East India.

The temperature of the city will be comfortable in between 10 to 12 centre great degrees without rainfall as predicted. Public transport is provided by the Kolkata Suburban Railway, the Kolkata Metro, trams, rickshaws, and buses. The suburban rail network reaches the city’s distant suburbs. The fast moving roads by newly developed ‘Biswa Bangla Sarani’ with newly built Eastern Metropolitan Bypass Road, MAA overbridge, Newtown-Rajarhat expressways can help immensely by reaching any point of destination within 30 minutes from port to point of destination.

In association with Ministry of Tourism, Government of West Bengal the travelling to exotic locations from mountain to sea, from forest to historical places can be arranged like travelling to Sunderban, Darjeeling, Digha, Mandarmani sea beaches, Dakshineswar temples, Nicco Park, Eco Tourism park Mother Teresa House, Kalighat Kali Temple, South Park Street Cemetery, New Market (Sir Stuart Hogg Market), Victoria Memorial Hall, Mullik Ghat Flower Market, Indian Museum, Belur Math.

We had successfully hosted ANCIPS in 1960, 1977, 1987, 2002, 2008 and the ground force is committed to organize this gala national event after 12 long years. Kolkata, as it’s often said, is not a city, it is an emotion. Those who stay there, or have visited the city, can go on endlessly about the place, and about its rich heritage and its food. Kolkata breeds nostalgia, and once you are there, you never really leave the city. You may not be physically present, but a part of you always stays back, in some alley in the city.
### Call for ABSTRACTS

#### List of Topics

The Scientific Program Committee will use this topic list to help classify the area of each submission. Furthermore, your submission will be listed in the Program and Abstract Book under the topic(s) indicated to assist participants in selecting sessions of interest.

The submission form provides a space to mark a selection from this list, the one most appropriate topic area for each submission. If appropriate, indicate a second subtopic area.

Insert corresponding numbers of topics into boxes provided on each submission form.

<table>
<thead>
<tr>
<th>Topic</th>
<th>Subtopic</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Addiction</td>
<td>34. Human Rights Issue</td>
</tr>
<tr>
<td>2. Aggression: Basic</td>
<td>35. Internet and New Communication modes</td>
</tr>
<tr>
<td>3. Aggression: Clinical</td>
<td>36. Methodology</td>
</tr>
<tr>
<td>4. Aging</td>
<td>37. Mental Health Economics</td>
</tr>
<tr>
<td>5. AIDS and HIV Related Disorders</td>
<td>38. Migraine</td>
</tr>
<tr>
<td>7. Alcohol and Substance Abuse Disorders</td>
<td>40. Miscellaneous</td>
</tr>
<tr>
<td>8. Alzheimer's Disease: Basic</td>
<td>41. Mood Disorders</td>
</tr>
<tr>
<td>9. Alzheimer's Disease: Clinical</td>
<td>42. Neuroendocrinology</td>
</tr>
<tr>
<td>10. Anxiety Disorders</td>
<td>43. Neuroimaging</td>
</tr>
<tr>
<td>11. Attention Deficit Hyperactivity Disorder</td>
<td>44. Neuroimmunology</td>
</tr>
<tr>
<td>12. Autistic Disorders</td>
<td>45. Obsessive Compulsive Disorders</td>
</tr>
<tr>
<td>13. Biological Correlates of Mental Disorders</td>
<td>46. Organic Mental Disorders</td>
</tr>
<tr>
<td>14. Biological Markers</td>
<td>47. Panic Disorder</td>
</tr>
<tr>
<td>16. Childhood Disorders</td>
<td>49. Premenstrual Syndrome</td>
</tr>
<tr>
<td>18. Comorbidity in Psychiatry</td>
<td>51. Psychiatric Education</td>
</tr>
<tr>
<td>20. Dementia</td>
<td>53. Psychogeriatrics</td>
</tr>
<tr>
<td>21. Depression</td>
<td>54. Psychoneuroendocrinology</td>
</tr>
<tr>
<td>22. Developmental Disorders</td>
<td>55. Psychoneuroimmunology</td>
</tr>
<tr>
<td>23. Developmental Psychiatry</td>
<td>56. Schizophrenia</td>
</tr>
<tr>
<td>24. Dissociative Disorders</td>
<td>57. Sexual Disorders</td>
</tr>
<tr>
<td>25. Eating Disorders</td>
<td>58. Side Effects of Antidepressants and Antipsychotics</td>
</tr>
<tr>
<td>26. Electro Convulsive Treatment (ECT)</td>
<td>59. Sleep Disorders</td>
</tr>
<tr>
<td>27. Emergency Psychiatry</td>
<td>60. Somatic Disorders</td>
</tr>
<tr>
<td>28. Epidemiology of Mental Disorders</td>
<td>61. Somatoform Disorders</td>
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<tr>
<td>29. Ethics of Psychiatric Practice and Research</td>
<td>62. Stress</td>
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<tr>
<td>30. Forensic Psychiatry</td>
<td>63. Suicide</td>
</tr>
<tr>
<td>31. Geriatric Psychiatry</td>
<td>64. Traditional and Alternative Treatment in Psychiatry</td>
</tr>
<tr>
<td>32. History of Psychiatry</td>
<td>65. Other Psychiatric Disorders</td>
</tr>
<tr>
<td>33. Hospital Psychiatry</td>
<td></td>
</tr>
</tbody>
</table>
Guidelines for Speakers & Chairpersons

ABSTRACT SUBMISSION FOR ANCIPS 2020

Guidelines:

• Only registered delegates are allowed to submit the abstract for paper or poster.
• The abstract for the paper/poster needs to be structured (background, aims, methods, results and conclusion) and within 250 words.
• The presenting author (or the author who submits the abstract in case of symposia/workshop) will be the contact person for all the correspondence about the presentation.
• All abstracts are to be submitted in English, Times New Roman font.
• Please choose appropriate category related to your presentation. Do not submit the same abstract to multiple categories.
• All abstracts must be submitted via the conference website ONLY.
• The title should be short and concise & must not be written in capital letters.
• The abstract should not contain broad statements like “The results will be discussed”.
• You may use standard abbreviations, however, mention unusual abbreviations in brackets after the full word, when it appears for the first time.
• Use numerals to indicate numbers, except at the beginning of a sentence.
• Last date for submission of Abstracts is 30th September, 2019.
• All submissions will be acknowledged by email only. So, please provide your current working E-mail ID along with Mobile number(The Organizing Committee shall not be responsible if you do not receive any response due to wrong email ids provided).

Instructions for Content of Abstract:

• Figures, tables and graphs should not be included.
• Use generic names of drugs only.
• In original research the results have to be submitted with the abstract.
• No references are needed with abstract submission.
• By submission of an abstract, the author transfers copyright ownership to the organizing committee for publications. The Organizing committee reserves the right to reproduce the abstract/presentation made in conference in print or electronic media.
• Abstracts / papers previously published or presented at any national or international meeting are not permitted.
• Abstracts / papers previously published or presented at local or state levels are permitted, but the details need to be mentioned in the submission.
• The Scientific Committee will review the abstracts & the acceptance will be communicated to the presenting author by 31st November 2019.
• The Scientific Committee reserves the right to allocate a session time or change the presentation type.
• Please do not submit the same abstract under more than 1 category.
• Please mention the prize category of presentation for which the author is competing for.

Instructions and Specifications:

Scientific programme spanning through 04 days include course on leadership in psychiatry, symposia, workshops, hands-on training on recent advances in ECT, training in neuro navigation techniques, oral and poster presentations and presentations from various specialities, sub-specialities and task forces of IPS.


General Instructions

1. Registration is mandatory for the presenting authors at the time of presentation in categories of Invited Lectures / Specialty Section Presentations/ Task Force Presentations/ Workshop & Symposium Presentations/ Free paper/E-Poster Presentations.
2. All presentations should be made in MS Office latest version.
3. A preview room shall be operational in the conference area. All presentations of respective halls shall be centrally coordinated from this preview room. The presenter must submit his/her PowerPoint/audio/video in preview room, ATLEAST 24 hours before his/her scheduled presentation.
4. The preview room shall be equipped with sufficient number of desktops/laptops/projectors. The presenter can preview/modify his/her presentation in the preview room well in advance.
5. If any presenter wishes to present the paper through personal laptop, it is mandatory that the compatibility of personal laptop with our audio-visual system should be checked in preview room.
6. Any Fonts and Animations if used which are not a part of the standard MS Office pack should be included with the Presentation Pendrive and this should be specified to the Audio Visual in charge at the Preview Room well in advance.
7. Videos when included should be ideally in VLC/MP4 or mpeg and if any other format is used its codecs should be also be included.
8. If any other format is used which deviates from the above-mentioned format, the same should be informed at least one week before the conference so that alternative arrangements can be made if possible.
9. The medium of storage used by the presenters should be Flash Drive, USB HDD.
10. All speakers using MAC Laptops and those requiring a MAC Laptop should inform us at least a week in advance.
11. The specific date and time of the presentation along with the location will be shared with you shortly and will also be updated on the website. All are kindly requested to visit the website for details of the Scientific Programme on regular basis for latest updates.

Award Paper Presentation Specifications
- Name
- Sex: Male/female
- Place of work
- Summary of the paper
- Original research/other type of work: case reports and small case series will not be considered
- Presented earlier/not presented
- The participant should be a member of IPS (to be verified by the Honorary Treasurer of IPS)

Format of the competition
- The time allotted is 7 minutes.
- Text, photo and table slides by power point presentation only.
- The name of the institution/affiliations, co-authors and guides are strictly not to be displayed during the presentation. If included, the paper will be disqualified. May be announced after the results.
- Each slide should not contain more than eight lines enabling the audience to read it.
- The presentation should be clear and audible.
- Any questions/clarifications are allowed only from the judges after the presentation

Guidelines for Workshop/Symposia/Free paper Presentation
1. Workshops and Symposia would be of 60 Minutes (Sixty minutes) duration which also includes the time for discussion.
2. For Free-paper Presentation speaker will be provided 10 minutes for the presentation. The slot for the same is divided into 8 minutes for Presentation and 2 minutes for Discussion.
3. Please strictly adhere to the time.
4. There shall be a system of auto-cut of presentations after allocated time. A reminder will appear on the screen 2 minutes before the stipulated time. At the onset of auto-cut all the screens will go blank. Please come prepared to finish the presentation within allocated time only.
5. The presentation will have to be in Windows PowerPoint format (PPT) with the required photographs, tables and graphs that should be very unambiguous and legible.

E-Poster Presentation Specifications
1. The screen time provided to a particular poster would be a maximum of 1 hour. The presenting author is requested to make it convenient to remain at the site of his/her poster presentation throughout that stipulated time.
2. The E-poster will be displayed on standard 42” (Diagonal) LCD.
3. File format should be PowerPoint (PPT).
4. Total size of the presentation should not exceed 10-20 MB.
5. Maximum number of slides per E-poster: 3 (Three).
6. All slides should be in landscape format preferably in 16:9 orientation.
7. Animation/movies/sounds will not be supported; please submit in a static PPT format only.
8. The E-poster needs to be created as per the example format which can be downloaded from the website.
9. Each slide title should be placed in a title placeholder.
10. The text should include (most likely as separate elements of the poster) Introduction, Aim, Methods, Results, Conclusion and Acknowledgments.
11. The poster should be self-explanatory. Text should be brief and well organized.
12. It is suggested that font size of the text should be at least 26 to 36 points. The typeface chosen should be a simple and clear one (e.g. Helvetica).
13. The correct font size depends greatly on the fonts used in the ppt and the thumb rule should be that if its visible well on the computer screen it shall be visible on the E-Poster Display Screen.
14. Color suggestions:
   a. When using light backgrounds (white, yellow, light blue) we suggest using dark fonts (black, navy blue, dark green).
   b. When using dark backgrounds (blue, purple) we suggest using light fonts (white, yellow, cyan).
   c. Avoid using red or green in any fonts or backgrounds as they are colors that are difficult to read.
15. Illustrations/images/photographs used in the E-poster should be enlarged enough to show relevant details.
## Registration Details

<table>
<thead>
<tr>
<th>Category</th>
<th>Up to 31.03.2019</th>
<th>Up to 30.06.2019</th>
<th>Up to 30.09.2019</th>
<th>From 01.10.2019 &amp; Spot</th>
</tr>
</thead>
<tbody>
<tr>
<td>IPS Member &amp; SAARC Member</td>
<td>INR 6500</td>
<td>INR 8500</td>
<td>INR 9500</td>
<td>INR 12500</td>
</tr>
<tr>
<td>IPS Senior Member</td>
<td>Complimentary</td>
<td>Complimentary</td>
<td>Complimentary</td>
<td>INR 12500</td>
</tr>
<tr>
<td>Non-member</td>
<td>INR 8500</td>
<td>INR 10500</td>
<td>INR 11500</td>
<td>INR 14500</td>
</tr>
<tr>
<td>PG Student</td>
<td>INR 3500</td>
<td>INR 4000</td>
<td>INR 5000</td>
<td>INR 6000</td>
</tr>
<tr>
<td>Accompanying Person (family member only)</td>
<td>INR 4000</td>
<td>INR 5000</td>
<td>INR 6000</td>
<td>INR 7000</td>
</tr>
<tr>
<td>Indian Corporate</td>
<td>INR 12000</td>
<td>INR 14000</td>
<td>INR 16000</td>
<td>INR 20000</td>
</tr>
<tr>
<td>WPA / BIPA / IAPA Member</td>
<td>INR 10500</td>
<td>INR 14500</td>
<td>INR 17500</td>
<td>INR 24500</td>
</tr>
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<td>International Delegate</td>
<td>INR 24000</td>
<td>INR 28000</td>
<td>INR 32000</td>
<td>INR 35000</td>
</tr>
<tr>
<td>International Accompanying Person</td>
<td>INR 7500</td>
<td>INR 9000</td>
<td>INR 10500</td>
<td>INR 14000</td>
</tr>
</tbody>
</table>

The above mentioned registration fees are inclusive of 18% GST. The registration fees of International delegates are mentioned in INR, as we do not have FEMA certification of receiving dollar in our bank account. The mentioned amount will be converted to respective dollar amount on that particular day, as required, while delegates make their payments online.

### ENTITLEMENTS

#### Delegates
- Conference kit
- Entry to all official functions, Scientific sessions
- All lunches, dinners, Tea/ Coffee on conference days
- Tea/coffee within sessions
- Entry for trade/exhibition area
- Souvenir
- WBMC Certificate of attendance

#### Accompanying Person
- Inaugural functions
- All lunches, dinners, Tea/ Coffee on conference days
- Spouse gift
- Participating Spouse & children's programs

### Mandatory Requirements:
- Recent colour passport size photo.
- Photo ID Proof (valid Driving License/Passport/Election Card/Aadhar Card).
- E mail ID & Mobile No.
- Others: First name, Last name, Address, State, Pin code, Institute/Hospitals.

### Registration Guidelines
- Above fees is inclusive of Goods & Service Tax as on 1st November, 2018 and is subject to change.
- Above fees is inclusive of Conference Insurance from 22nd to 25th January, 2020.
- Payment Options: Online – NEFT, IMPS, Bank transfers, Debit or Credit cards, Offline – Cheque, Demand Drafts.
- For all Online Payments through credit or debit cards an additional bank charge of 2.5% will be applicable.
- All Remittance/Bank charges/Online transaction fees to be paid by the Delegate.
- Letter from HOD is mandatory for Post graduate residents for registration.
- Conference registration is mandatory for presenting paper in CME, symposia, workshops by 30th September 2019.
- Registration is mandatory for all delegates including children 5 Years and above. Children less than 5 years of age must be registered (free of charge) for logistic/security reasons.
- Bonafide Senior Member 65 years and above is exempted from the Registration Fees, if registered by 30th September 2019.
- Photo ID is mandatory for all delegates for security reasons to enter the Conference Area.
- Please ensure to wear registration badge all the time (Bar Coded) in the conference area and co-operate with security and screening procedures.
- Entry for accompanying persons may be restricted to certain areas at the venue during the event and are not allowed to the scientific halls.
- Registration number with acknowledgement & receipt of the payment will be sent to you within 60 days of application to your registered Email id only, if not received, please contact the registration coordinator.
- No credit policy for registration fees. Registration fees mentioned is non-negotiable.
- Registration is not transferable.
- Kindly do not post / courier any registration form from December 15th 2019 onwards.

### Cancellation and Refund Policy
- Before 31-Aug-2019: 20% of registration amount + GST of amount paid will be forfeited as cancellation **
- Before 31-October-2019: 50% of registration amount + GST of amount paid will be forfeited as cancellation **
- After 1st Nov 2019: Full amount will be forfeited **
- Refund will be solely at the discretion of the organiser and if marked refund is applicable the same will be processed only after the conference.
Mandatory Requirements:
• Recent colour passport size photo.
• Photo ID Proof (valid Driving License/Passport/Election Card/Aadhar Card).
• Email ID & Mobile No.
• Others: First name, Last name, Address, State, Pin code, Institute/Hospitals.

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Highlights of the Conference
ANCIPS 2020, the 72nd Annual Conference of Indian Psychiatric Society is planned as a premier all-encompassing event in Psychiatry and allied specialties. The event with an international outreach program and with a theme of “Smart Psychiatry in Digital Era” promises to be the greatest event held in the field of Psychiatry in India so far.

The conference will bring together:
• Around 5000 National & International delegates.
• Around 500 national & more than 100 international faculty and experts.
• Well-organized plenary sessions, orations, symposia, guest lectures, debates, national quiz, award papers, free papers and posters, apart from other official programs.
• Interactive Learning Corner.
• Complimentary registrations for Senior Members of IPS (65 years and above) if registered within 30th September 2019)

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Refund will be solely at the discretion of the organiser and if ** marked refund is applicable the same will be processed only after the conference.

Payment Details
Account Name : ANCIPS 2020
Account Number : 201002690071
Bank Name : INDUSIND BANK LTD.
Branch & Address : Kankurgachi
194A, Jyotsna Apt., Manicktala
Main Road, Kolkata 700054
IFS Code : INDB0000305
MICR Code : 700234008

• The organizing committee is not responsible for payments made in any form without registration form and details of payment. Organizing committee will not entertain requests to refund the same.
• Delegate must bring the acknowledgement letter / payment receipt with registration number during the conference for registration.
• Conference kit would be handed over only to the registered delegate with photo id.
• For spot registrations: payment will be accepted only by mode of Cash, Debit/Credit Card.
• Conference kit will not be guaranteed for registration done after 31st December 2019.
• Organizer will not be responsible for loss or theft of personal belongings and damages. You can use cloakroom.
• Ambulance service will be available at the venue. However, we request you to kindly give utmost attention to your health and medications.
If you are an adventure enthusiast, West Bengal has no dearth of attractions for you. Visit the dense mangroves of Sundarbans, trek the Himalayan Mountains with their breathtaking beauty or the green Purulia Hillocks, enjoy a safari in the misty forests of Jaldapara and if not tired, get a refreshing sea shore visit to complete your trip of lifetime. Come, enjoy and rejuvenate you life with long memorable journey.
must visit

Victoria Memorial

Indian Museum

Sahid Minar

Eco Park

Millenium Park

Belur Math

and it’s culinary delicacies...

Famous Kolkata Rosogolla

Bengali Thali

Phuchka not Golgappa...

Famous dessert delicacy Joynagar Moa
General Information
Time Zone:
There is only one time zone for all of India. India does not observe any form of daylight saving time or any other seasonal adjustments to the time. India Standard Time (IST) is 5:30 hours ahead of Coordinated Universal Time. You can see India’s time in relation to most cities on the globe by visiting www.timeanddate.com

Visiting India
Foreign nationals visiting India to attend a conference are required to possess a valid passport of your country along with a valid Indian Conference Visa obtained from an Indian Mission or Indian Consulate/Embassy at your respective country/city.

Letter of Invitation
Delegates may request a letter of invitation from the conference secretariat by contacting by conference Email ID: ancips2020kolkata@gmail.com please include your full name, date of birth, institution and clinic details. Please refer the conference website www.ancips2020.com for more details.

Banks & ATM’s:
Regular banking hours in Kolkata are typically 10:00–16:00 H, Monday to Saturday. (2 Saturday and 4 Sundays are closed). Most banks have automatic teller machines (ATMs) which can be accessed 24 hours a day, using bank debit or credit cards.

Money Exchange:
1 USD = INR 73.51 (As per 2nd October, 2018)
1 EURO = INR 84.73 (As per 2nd October, 2018)

Currency and Foreign Exchange:
The currency in India is the Indian rupee sign: ₹; code: INR). Currently-used banknotes come in denominations of Rs.5, Rs.10, Rs.20, Rs.50, Rs.100, Rs.200, Rs.500 and Rs.2000. It is always good to have a number of small notes in hand, as merchants and drivers sometimes have no equivalent cash / coins to pay balance amount. Visitors can exchange currency at major nationalized and private banks or at places of foreign exchange. But it is advised to have local currency on hand prior to arrival. Hotels, merchants, restaurants and suppliers accept US or other foreign currency at a pre-determined rate, which may differ from the daily rate posted by financial institutions. All major credit cards are accepted in most hotels, shops and restaurants.

Mobile SIM Card & Internet Service:
Mobile phones in India operate using GSM technology and function within 900/1800 MHz ranges. If you already own a GSM phone and if your home country too operates within the same GSM range, you can use your phone in India. Popular GSM cell phone service providers in India, such as BSNL, Airtel, Vodafone, Reliance JIO or IDEA offer both post-paid and prepaid cell phone plans. The documents that are required to obtain a new sim card or data card are two recent passports–sized photographs, a photocopy of your photo identity (Drivers’ License, PAN card, a photocopy of the first page of your passport & sometimes visa copy.

Electricity:
In India the standard voltage is 230 V and the standard frequency is 50 Hz. The power sockets used are three pins and in round shape.

Smoking Laws:
Smoking is not permitted by law in all indoor public spaces, including public transport, shopping malls, restaurants. Please smoke in officially designated areas only.

Taxes and Gratuities:
Most purchases in the city are subject to a 18% Goods and Services Tax (GST).

Insurance:
Individual travellers are strongly advised to obtain their own personal health, luggage or other travel insurance.
Kolkata, formerly Calcutta, is the capital of the Indian state of West Bengal. Located on the east bank of the Hooghly River, it is the principal commercial, cultural, and educational centre of East India, while the Port of Kolkata is India's oldest operating port and its sole major riverine port. The city is widely regarded as the "cultural capital" of India, and is also nicknamed the "City of Joy".

Climate:
In Kolkata Winter lasts for roughly two-and-a-half months, with seasonal lows dipping to 8°–11°C (48–52°F) in December and January. The coldest month, has temperatures varying from 8°–23°C (48–73 °F).
The winter is mild and very comfortable weather persists in the city throughout this season.

Clothing:
October to February is the most soothing month for visiting Kolkata. Winter is not so cold, carrying light or semi-heavy woollen clothes are advised during visit. For visiting hill areas, one have to carry heavy woollen clothes along with gloves, overcoats, mufflers and boots.

Language:
Bengali is the official language of the state. English and Hindi are also widely spoken.

How to reach Kolkata:
West Bengal is one of the most sought-after business as well as tourist destinations in India. The local transportation facilities in this state are also perfect for travelling from one city to another. As Kolkata, one of most important metro cities of India and also being the capital of West Bengal, it is very well connected with land, water and airways with the world.

Air Services: Netaji Subhash Chandra Bose International airport is located at Dumdum in Kolkata and Bagdogra Airport at Siliguri in North Bengal. Regular flights operate from major cities of the country and the world to West Bengal. From the airport, one can take taxis, OLA, UBER (App Cabs) or buses to reach required destinations.

Railway Services: West Bengal has good rail connectivity with all parts of the country. Howrah, Sealdah, Kolkata, Santragachi and Shalimar are major railway stations. The trains from these stations connect any part of the country. Metro railway is also available for convenience of travel within the city.

Road Services: A well planned and extensive road network covers the entire state of West Bengal which includes a number of national highways through which any part of country can be reached. Cross border roadways are also fully functional, with neighbouring countries like Nepal, Bhutan and Bangladesh. Kolkata and West Bengal are well connected by AC and Non-AC bus, Taxi, App Cab, Auto Rickshaw etc.

ACCOMMODATION

A number of great hotels for accommodation are available in metro city Kolkata. Please find below a list as per category.

<table>
<thead>
<tr>
<th>Hotel Category</th>
<th>Venue Distance (appx. km)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hyatt Regency Kolkata</td>
<td>A 05.00</td>
</tr>
<tr>
<td>JW Marriott Hotel Kolkata</td>
<td>A 00.30</td>
</tr>
<tr>
<td>ITC Sonar, Kolkata</td>
<td>A 00.60</td>
</tr>
<tr>
<td>The Taj Bengal</td>
<td>A 11.00</td>
</tr>
<tr>
<td>The Park Hotel</td>
<td>A 06.70</td>
</tr>
<tr>
<td>The Pride Hotel Kolkata</td>
<td>A 10.00</td>
</tr>
<tr>
<td>Novotel Kolkata</td>
<td>A 10.00</td>
</tr>
<tr>
<td>The Gateway Hotel</td>
<td>A 04.40</td>
</tr>
<tr>
<td>HHI</td>
<td>A 06.60</td>
</tr>
<tr>
<td>The Lalit Great Eastern</td>
<td>A 08.60</td>
</tr>
<tr>
<td>The Oberoi Grand</td>
<td>A 07.50</td>
</tr>
<tr>
<td>Swissotel</td>
<td>A 15.00</td>
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</table>

<table>
<thead>
<tr>
<th>Hotel Category</th>
<th>Venue Distance (appx. km)</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Westin Hotel</td>
<td>B 13.00</td>
</tr>
<tr>
<td>The Stadel</td>
<td>B 05.30</td>
</tr>
<tr>
<td>Ethnotel</td>
<td>B 20.00</td>
</tr>
<tr>
<td>The Park Prime</td>
<td>B 07.20</td>
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<tr>
<td>Hotel The Sojourn</td>
<td>B 04.40</td>
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<tr>
<td>Visitel</td>
<td>B 05.40</td>
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<tr>
<td>The Pearl Hotel</td>
<td>B 04.70</td>
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<tr>
<td>The Peerless Inn</td>
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<td>De Sovrani</td>
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<td>The Senator</td>
<td>B 06.50</td>
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<td>The Lindsay</td>
<td>B 07.40</td>
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<tr>
<td>The Samilton</td>
<td>B 06.80</td>
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</table>

Terms and Conditions
The hotel room rates are applicable on per room per night basis. Room - check-in / check-out time is 12:00 /11:00 hrs. In case of early check in room (s) to be booked in advance from previous day for immediate occupancy.
Taxes are Government mandated and subject to change / revision.
With best compliments from India’s CNS Company

Arip MT
Aripiprazole 5/10/15/20/30 mg Melt-in-Mouth tablets

Feliz S
Escitalopram 5/10/20 mg tablets

Amazeo OD
Amisulpride Extended release 100 / 200 / 400 mg tablets

Serta
Sertraline 25/50/100mg
Exploring possibilities for better Mental Healthcare

Rexipra
Escitalopram 5/10/15/20 mg tabs
Provides more... with less!

Divaa-OD
Divalproex sodium 250/500/750 mg/1 gm extended release Tab
Restores balance... Rebuilds life

Qutan
Quetiapine
25, 50, 100, 200 and 300 mg tablets
Confidence of a Lasting Care

DEPRAN 10
Escitalopram 10 mg + Clonazepam 0.5 mg Tabs.
No Substitute to Happiness

Olimelt
Olanzapine 2.5/5 / 7.5/10/15/20 mg Melts-in-Mouth Tabs
Melts into Convenience and Compliance
A reliable BZD... anywhere... anytime

Lonazep MD
Clonazepam 0.25/0.5/1/2 mg mouth dissolving tablets

The Freedom to move on

Stabilize the lives of bipolar disorder patients

Dicorate ER
Divalproex sodium extended release 125/250/500/750mg/1g tablets

The newer way the world prescribes valproate

The most powerful 1st line antipsychotic....Forever

Oleanz RT
Olanzapine Rapidly Dissolving Tablets 5/10/15/20 mg

Makes life easier for all schizophrenics

World’s FIRST & ONLY SR Atypical in BMD

Qutipin SR
Quetiapine fumarate sustained release 100/200/300/400mg

........redefining mood stabilization

SUN PHARMA